

The Heart-Mind and the Alchemy of Transformation



Some quantum physicists believe that the entire manifested universe is a creation of sentient consciousness, and all matter is capable of being influenced by the mind.

Combining heart-centered and transpersonal psychology with neuroscience, the evolution of energy medicine, meditative practices and sound and light instrumentation, the Heart-

Mind is universally recognized as the central focus of Transformation.

In this seminar we will apply concepts such as coherence, intention, visualization, resonance, perception, attention, emotion, motivation, brain functioning, and subtle energy influence to...

- Reconnect to interdependence with the greater environment, subtle realms, one another, and the field of pure potential.
- Engage in a creative dialogue offering greater self-awareness of the central role of the heart in vitalizing creative potential
- Explore contemporary techniques and traditional practices that can be applied in each individual's personal life, as well as his/her professional practice.

Objectives for the weekend:

1. To become aware of the integrative role of the heart as an organ of perception and transformation.
2. To learn specific practices that enhance physical, emotional and spiritual wellbeing.
3. To apply sound, light and energy technologies and meditation practices for heart health and extending consciousness.

The emerging cultural perspective can only thrive if we collectively empower one another to influence the workings of cause and effect through our expectations of one another and ourselves.