

The Next Step: A Heart-Centered Change



The world is now in a cycle of great change and reorientation. Now, more than ever, a heart-centered life orientation is called for as we consciously participate in co-authoring our own futures, and that of humanity and the planet.

Through quantum physics we now understand that we are all part of a unified field where our thoughts and emotions impact everyone.

We will explore:

- *Everything is vibration: Subtle energy anatomy, heart focus, thought forms*
- *Planetary changes: Visions of the future, the Aquarian age, heart meditation*
- *Balance toward unity: Leap in evolution, the feminine*
- *Meditation and prayer: The rainbow bridge*
- *Initiation: Stages of enlightenment and how we move through them*
- *Co-creating the future: Conscious communications with light*
- *Life purpose: Integrating personality and soul perspective*

In this deeply experiential seminar, we create an individual action plan revealed by the unfolding of our life story that can help us to realize our life purpose.