

The Next Step: Living Your Life Purpose



The world is undergoing a cycle of great change and reorientation toward a sustainable future.

Now, more than ever, we are all called upon to develop a heart-centered life orientation, greater self-regulation and responsibility for our personal evolution, if we are to participate consciously in the dance of life.

Through quantum physics we now understand that we are all part of a unified field where our thoughts and emotions impact everyone and everything.

In this deeply experiential seminar we create an individual action plan revealed by our unfolding biographical story, and become increasingly capable of realizing our life purpose.

Topics include:

- *The cultivation of subtle energy awareness*
- *Strengthening the intuition, meditation and breathing practices to enhance soul-connectedness*
- *The importance of prayer and angelic contact for greater inner guidance and support*
- *The central role of the heart in our conscious evolutionary journey, among others*